

Selective IgM Deficiency with T Cell Defects and *Mycobacterium Avium* Complex (MAC) Infection

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Abstract: Primary selective IgM deficiency in adults is associated with normal T cell function, and patients clinically manifest with recurrent pyogenic bacterial infections. In this study, we present three patients with selective IgM deficiency with significant defects in T cells and NK cell cytotoxicity, and *Mycobacterium avium intracellulare* (MAC) infection. T cell defect is characterized by markedly reduced numbers of T cells and T cell subsets, decreased T cell proliferative responses to mitogens and antigens, including PPD, and significantly decreased production of IFN- γ ; however, expression of IFN- γ receptors is normal. We propose that selective IgM deficiency with significant T cell functional defects might represent a distinct clinical entity, which is associated with increased susceptibility to MAC infection.

Keywords: IFN- γ , IgM deficiency, T cell deficiency, NK cytotoxicity.

INTRODUCTION

Selective IgM deficiency is a rare form of primary immunodeficiency that has been reported to have a prevalence ranging from 0.03% to 0.3% [1]. Selective IgM deficiency can be asymptomatic or may symptomatically present with infections from encapsulated bacteria and viruses, some of which can be serious and even life-threatening infections varying from pneumonia to septicemia and meningitis [2-4]. Hobbs *et al.*, [3] first described selective IgM deficiency in 2 children with fulminant meningococcus septicemia. We described an adult patient with primary selective IgM deficiency who presented with disseminated sepsis and invasive aspergilosis [5].

Selective IgM may occur as a primary or secondary condition. Secondary selective IgM deficiency is often associated with malignancy or immunosuppressive therapy [6-9]. Selective IgM deficiency has been reported to be associated with autoimmunity and autoimmune diseases [10, 11]; however, it remains unclear whether autoimmunity is primary or secondary to selective IgM deficiency, since patients with primary immunodeficiencies are more prone to autoimmunity and autoimmune diseases [12, 13]. Furthermore, mice deficient in IgM develop spontaneous autoimmunity, including anti-DNA and immune complex nephritis [14], suggesting that autoimmunity may be secondary to selective IgM deficiency.

Recently, we reported that adult patients with selective primary IgM deficiency and recurrent pyogenic bacterial infections display relatively normal T cell functions [15]. Here we report an extensive immunological analysis of three patients with primary selective IgM deficiency who presented

with atypical mycobacterial infection, and had significant T cell defects. Whether they represent a distinct disease entity remains to be determined.

Case 1: A 48 years young woman was admitted with fever, productive cough and dyspnea. A chest x-ray revealed right upper lobe infiltrates. Sputum was 4+ positive for AFB and blood culture revealed *Mycobacterium avium intracellulare*. Past history is significant for multiple group B streptococcus, vancomycin-resistant *enterococcus*, and gram+ sepsis, and endocarditis. Serum IgM ranged between 19-23mg/dl; IgA, IgG, and IgG subclasses were normal. Specific IgG antibody response to pneumococcus polysaccharides following Pneumovax-23 immunization was significantly reduced (antibodies were less than 1IU/ml, which are considered unprotective). Initially autoimmune work-up was unremarkable. However, later she developed anemia and autoimmune thrombocytopenia, and breast cancer. This patient died of breast cancer.

Case 2: A 56 years young women who developed coronary artery disease, and on routine work up was found to have pulmonary nodule. A biopsy and culture revealed *Mycobacterium avium intracellulare*. Though the patient was asymptomatic, she was treated with anti-mycobacterial agents. Repeated immunoglobulin analyses revealed low serum IgM levels ranging between 15-19 mg/dl. Immunoglobulin A, G, and G subclasses were normal. Specific IgG antibody response to pneumococcus polysaccharides following Pneumovax-23 immunization were <1IU/ml (unprotective). Autoimmune work-up for systemic autoimmune diseases was unremarkable. She remained asymptomatic.

Case 3: A 70 years young man initially presented with recurrent upper respiratory tract infections. Immunological investigation revealed low serum IgM ranging between 23-27mg/dl, and poor specific antibody response to pneumococcus polysaccharides following Pneumovax-23 immunization. He was treated with intravenous

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immunoglobulin at monthly interval, and remained infection-free for almost 2 years. He then developed a chronic productive cough for which he was investigated, and sputum cultures revealed *Mycobacterium avium intracellulare*.

None of these patients had any risk factors for HIV, including history of blood transfusion, or use of illicit intravenous drugs. Male patient is married and monogamous. Therefore, HIV was not tested. There was no history of childhood infections, relatives with opportunistic infections or Immunodeficiencies, and our patients were of middle and old aged. Therefore, our patients are unlikely to have partial deficiency of adenosine deaminase (ADA). Therefore, no ADA analysis was performed.

All three patients underwent extensive immunological analyses.

MATERIALS AND METHODS

Peripheral blood mononuclear cells (MNCs) were isolated from the blood of healthy young subjects and patients by Ficoll-hypaque density gradient. Protocol was approved by Human Subject Committee of the Institutional Review Board, University of California, Irvine

METHODS

Immunophenotypal Analysis of Lymphocytes

Twenty μ l of the following antibodies were incubated with 100 μ l of whole blood: CD3-FITC with CD4-PE, CD8-PE, CD19-PE, or CD16/CD56-PE. IgG₁-FITC and IgG_{2a}-PE were used as isotype controls (BD Biosciences, Becton-Dickinson, San Jose, CA). Whole blood was lysed with IMK-lymphocyte lysing solution (BD Biosciences, Becton Dickinson, San Jose, CA) for 15 minutes and the lymphocytes were fixed with 1% paraformaldehyde solution. Flow cytometry acquisition was performed on a FACSCalibur flow cytometer (BD Biosciences, Becton Dickinson, San Jose, CA). Data were analyzed with Simulset software and the percentage and absolute numbers of lymphocytes were determined.

Determination of Lymphocyte Proliferation

Lymphocyte proliferation was performed with peripheral blood mononuclear cells isolated by Ficoll-Hypaque density gradient centrifugation. Mononuclear cells (2×10^5 /well) were cultured in triplicate in round bottom tissue culture plates at 37°C in the presence or absence of optimal concentrations of phytohemagglutinin (PHA), concanavalin (ConA), pokeweed mitogen (PWM), *Candida albicans*, tetanus, mumps, and PPD. Mitogen and antigen plates were incubated at 37°C for 3 days and 6 days, respectively. Twenty-four hours prior to termination of culture, 1 μ Ci of ³H-thymidine was added to each well. Cultures were harvested and ³H-thymidine incorporation into DNA was determined by a scintillation spectrometer. Data are expressed as net counts/ min after subtracting background counts from experimental counts.

Measurement of Cytokines

Cytokine secretion was measured in PBMCs by ELISA assay. Cells were activated by CD3/28 for 48 hrs. Supernatants were collected and stored at -20°C until assayed for detection of cytokines by ELISA (ELISA kits from BD Pharmingen, San Jose, California) assayed as per BD Pharmingen protocol.

Natural killer (NK) Activity: Natural killer cell mediated cytotoxicity was determined by a non-radioactive cytotoxic assay using flow cytometry. Briefly, K562 tumor target cells (2×10^4 cells) were labeled with the cell tracking dye CFDA SE (Carboxyfluorescein diacetate, succinimidyl ester, laser emission, FL1, Molecular probes, Eugene OR) and were cultured with peripheral blood mononuclear cells at an effector: target ratio of 12.5:1, 25:1, 50:1 and 100:1. After 4 hour incubation at 37 °C, live dead stain 7- amino-actinomycin D (7AAD, Laser emission FL3 channel, BD Biosciences,) was added to measure target cell death. 7AAD only enters membrane-compromised cells and stains dead cells. For each sample, data from 10,000 target cells were collected by FACScalibur flow cytometer and analyzed. During analysis an electronic gate is placed on CFSE-labeled target cells and percent dead (7AAD+ve cells) were determined. A sample containing only target cells was used to determine background lysis and was subtracted from actual lysis for each sample containing effector and target cells. Results are expressed in lytic units (LU) in 10^7 effector cells. A lytic unit is defined as the number of effector cells required to lyse 20% of target cells and LU for 10^7 effector cells is calculated using the following formula.

$$\text{LU}/10^7 \text{ effectors} = \frac{10^7}{(T) \text{XP}}$$

T= number of target cells (2×10^4)

P = Reference lysis level (20%)

XP = Effector: target ratio required to lyse 20% of the targets.

Measurement of Oxidative Burst

Oxidative burst (production of reactive oxygen species) was determined by utilizing oxidation -dependent fluorescence of dye dihydrorhodamine 123 (DHR123). Briefly, 10 μ M cell permeable DHR123 (Invitrogen, San Diego, CA) was added to heparinized whole blood and incubated in a 37°C water bath for 15 minutes. Dye loaded blood cells were stimulated with PMA (0.5 μ g/ml) for 15 minutes, and the increase in fluorescence associated with oxidation of DHR123 was analyzed on FACScalibur using cell quest software. During analysis an electronic gate was placed on neutrophils or monocytes and the mean fluorescence channel number (MFC#) was recorded. Cells incubated in the absence of PMA were served as controls for determination of basal level of oxidative burst.

Phagocytosis

Flow cytometric assay was used to determine phagocytosis of FITC-labeled bacteria by human neutrophils and monocytes. Briefly, 100 μ l whole blood was dispensed into polystyrene tubes. One microliter of FITC-labeled *E. coli* (Invitrogen, San Diego, CA) solution (10^9 /ml) was added to each tube and incubated at 37°C in an agitating water bath. Cells incubated on ice served as specificity control. After 15 minutes incubation, red blood cells were lysed with FACS lysing solution, washed with ice cold phosphate buffered solution, and resuspended in PBS. Prior to FACS analysis, Trypan blue solution (04%) was added to each tube to quench FITC fluorescence of unbound and membrane bound *E. coli*. Phagocytosis of bacteria was determined by measuring green

fluorescence at 525 nm on the FACS Calibur flow cytometer, using 488 nm excitation and analyzed using cell quest software. Instrument settings were adjusted based on the expected fluorescence for normal neutrophils and monocytes without *E. coli*. Results are expressed as % phagocytosis.

RESULTS

All immunological data are shown in Table 1.

Lymphocyte subsets: All three patients had low CD4+ T cell numbers and decreased CD4+/CD8+ T cell ratio. The deficiency of CD3+, CD4+ T cells, and NK cells was most severe in patient 1, who developed disseminated MAC infection and later developed autoimmune thrombocytopenia and breast cancer. B cells were markedly decreased in patient #2.

Lymphocyte Proliferative responses: Patients with selective IgM deficiency have been reported to have normal proliferative response to mitogens and antigens [15]. Proliferative response to mitogens (PHA, ConA, PWM) and antigens (mumps, *Candida albicans*, and tetanus toxoid) were markedly decreased in all three patients; none of the patients responded to purified protein derivative (PPD). Proliferative responses to mitogens and antigens were most severely depressed in patient 1.

Natural killer cytotoxicity: Natural killer cytotoxicity at effector: target ratio of 100:1 and lytic units was decreased in all three patients; however, cytotoxicity was severely impaired in patient # 1.

Phagocytosis and Oxidative burst: Bacterial (*E. coli*) phagocytosis was by PMN and monocytes were decreased in

Table 1. Immunological Profile of Patients with Selective IgM Deficiency and MAC Infection

Test	Patient 1	Patient 2	Patient 3	Control Ranges
Serum IgM (mg/dl)	27, 37	15, 19	23, 19	65-230
Lymphocyte subsets % (absolute counts/mm³)				
CD3+	50 (100)	86 (688)	53 (795)	63-81 (750-1863)
CD3+CD4+	13 (26)	33 (264)	2 (30)	27-53 (400-1113)
CD3+CD8+	37 (72)	48 (384)	33 (495)	16-42 (336-966)
C4+/CD8+ ratio	0.36	0.69	0.06	0.79-3.31
CD19+	12 (24)	1 (8)	9 (135)	8-19 (112-459)
CD3-CD16+CD56+	15 (30)	12 (96)	21 (315)	7-20 (112-520)
Lymphocyte Proliferative Response (counts per min)				
PHA	573	43,274	12,378	142,821-324,200
Con A	1,478	29,324	11,872	156,821-341,795
PWM	319	12,356	9,324	23,648-90,931
Mumps	422	1,056	105	2,052-26,495
<i>Candida albicans</i>	0	1,096	279	13,249-60,917
Tetanus toxoid	297	986	568	6,092-94,539
PPD	243	456	76	0-2,580
Specific Antibody Responses to:				
Pneumovax-23	Unprotective	Unprotective	Unprotective	>1IU/ml (protective)
Tetanus	Unprotective	Protective	Protective	>0.1IU/mlProtective
IFN-γ secretion (pg/ml)	0	237	408	9,342-12,779
IFN-γR CD14+ (%)	94.2	97.0	97.4	92-99
PD-1 on CD3+ (%)	12.4	8.2	7.4	3.4-5.6
NK cytotoxicity				
E:T=100:1 (%)	1	8	9	28-64
Lytic unit/10 ⁷	0	7	7	8-32
Phagocytosis (%)				
Neutrophils	6	14	15	29-60
Monocytes	3	36	47	57-79
Oxidative Burst (MFC#)				
	123	294	281	59-356

*Protective antibodies to Pneumococi = >1U/ml, and for Tetanus = >0.01 U/ml.

all three patients; however, reactive oxygen species generation was normal.

Interferon γ secretion and IFN- γ R expression: Since IFN- γ plays an important role in defense against mycobacterial infections [16-19] and mutation of IFN- γ R is associated with mycobacterial infection [19], we examined production of IFN- γ by T cells and expression of IFN- γ R on monocytes. Peripheral blood MNC were stimulated by anti-CD3 plus anti-CD28 for 48 hours and IFN- γ secretion was measured by ELISA assay. IFN- γ R expression on CD14+ monocytes was analyzed by dual color flow cytometry. IFN- γ secretion was markedly reduced in all three patients, almost no IFN- γ secretion was observed in the patient with disseminated MAC infection (patient 1); however, IFN- γ R expression was normal. Since IFN- γ secretion was measured on MNC it is possible that decreased IFN- γ secretion is due to decreased number of T cells

PD-1 expression: Since PD-1 and PD-1L play a role in immune response and over expression is associated with T cell anergy and tolerance [20], we examined the expression of PD-1 on CD3+ T cells by dual color flow cytometry. No increased expression of PD-1 on T cells was observed.

DISCUSSION

Primary selective IgM deficiency in adults is associated predominantly with pyogenic infections. The most common presentation is recurrent and chronic upper and lower respiratory tract infections and sepsis [2-5, 23]. B cells, T cells and T cell subsets, and NK cells are normal [5, 15, 21-24]. T cell functions are normal [5, 15]. Innate immune functions are normal [15]. Specific antibody response to pneumococci is impaired in 50% of symptomatic cases [15].

Though levels of IgG and IgG subclasses are normal, decreased specific IgG antibody response to tetanus toxoid and/or pneumococcal polysaccharides have been reported [5, 15, 25]. Guill *et al.*, [25] also reported decreased IgM response to immunization with ϕ X174 in children with selective IgM deficiency. The proportions and numbers of CD4+, CD8+ T cells and CD4+/CD8+ T cell ratios have been reported to be normal, low, or high [5, 11, 15, 22-25]. In our patients, a severe T cells and CD4+ lymphopenia, and abnormally low CD4+/CD8+ ratios were observed, and patient with disseminated MAC infection appears to have most severe lymphopenia. Furthermore, severely impaired lymphocyte proliferative responses to mitogens and antigens, including PPD, were observed. T cell functions in patients with selective IgM deficiency with pyogenic bacterial infections are generally normal [5,15]. Two of three patients had low numbers of CD19+ B cells, and the most severe deficiency of B cells was observed in asymptomatic patient (Patient 2). Therefore, B cell deficiency does not appear to play a role in increased susceptibility to MAC infection. Low number of B cells has also been reported in patients with selective IgM deficiency with normal T cell functions and without mycobacterial infection [15]. NK cell activity was impaired in all three subjects; however, NK cell activity was markedly compromised in patient with disseminated MAC (Patient 1). The bacterial phagocytosis by both neutrophils and monocytes was impaired in all three patients; however, reactive oxygen species (ROS) generation following stimulation by PMA was

normal. It is possible that ROS generation following phagocytosis of bacteria may be impaired.

Host control of mycobacterial infection depends on IFN- γ produced by CD4+ Th1 cells that activates macrophages to kill intracellular bacteria [26]. IFN- γ deficiency has been considered to be a major factor in the etiopathogenesis for MAC infections [27]. IL-12 plays an important role in defense against mycobacterial infections by inducing production of IFN- γ , which then binds to IFN- γ R on macrophages to activate them to eliminate mycobacterial [28-30]. Our patients also had impaired IFN- γ production and most severe reduction was observed in the patient # 1 with disseminated MAC infection. However, IFN- γ R expression was normal. Therefore, it is possible that decreased IL-12 production by dendritic cells or decreased expression of IL-12R on T cells might be responsible for decreased IFN- γ production in our patients. This possibility remains to be investigated.

Severe CD4+ T cell lymphopenia is also observed in idiopathic CD4+ T lymphopenia (ICL; 31-35). It is possible that our patients might be ICL and selective IgM deficiency is a co-incidental finding. However, it appears unlikely since ICL patients have either normal level of immunoglobulins [31-33], low IgG and IgA [34], or increased IgA [34], but IgM levels are normal. Furthermore, MAC infection was present in all three patients described here, whereas in ICL, Cryptococcus and mycobacterial tuberculosis are most common infections, and only a few cases of MAC infection have been reported [31, 32, 35].

The pathogenesis of primary selective IgM deficiency is unknown; a number of mechanisms have been suggested [21, 22, 24]. However, it appears that significant T cell deficiency with or without NK cell deficiency may contribute to susceptibility of patients with selective IgM deficiency to MAC infections. Furthermore, severity of T cell functional deficiency, including IFN- γ secretion, and severity of NK cell functional defect may predispose to dissemination of MAC infection.

In summary, selective IgM deficiency with MAC infection may represent a distinct entity, which is associated with severe T cell lymphopenia (predominantly CD4+ T cells) and decreased IFN- γ production. Dendritic cell functions, especially IL-12 production and IL-12R expression remain to be analyzed.

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CONFLICT OF INTEREST

None declared.

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